

Player Development is a Timeline

Play, play, play! Introduce the rolling ball! Smile and be happy and inspire joy in playing.



Baby

Play

Limited instruction, lots of movement, and easy directional tasks with the "toy" (soccer ball): forward, backwards, sideways. Fun games - chase, red rover, tag, etc. Keep it fun and entertaining.



U4-U6

Advanced Play

Begin skills and drills. Playing is major component as best teacher of the game. Every player needs a ball for most of the time. Foot skills is most important. Still focused on the individual, 1v1s, keep away, etc.



U6-U10

Learning+ Creativity

U10-U14

Advanced Learning



Advanced foot skills, moves, and fakes. Small group functions 2v1s, 2v2s, etc. Pressure/cover awareness, positioning, and simple offense and defense team tactics. Group play development essential

U14-U19

Compete



Show up to Complete and Win. Practices, training, and fitness should be centered around winning games as a team. Warning: Do NOT employ a win at all cost attitude... ever!